



N-NURSE TENTH SYMPOSIUM AGENDA

8/21/19 (Subject to Change)

November 7-8, 2019, Little America Conference Center, Flagstaff, AZ

“Ajéí hwidiltsahgo hadaatl’éh na’oodleet: Healing through Resilience”

THURSDAY, November 7, 2019

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| East: Nitsáhákees <i>Beginning; Thinking in more ways than one; Awareness</i> |
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- 7:30 – 8:30 am Registration and Full Breakfast Provided
- 8:00 – 8:30 am Welcome
Invocation: Roland Begay, Navajo Traditional Practitioner
Opening Remarks and Symposium Overview, Ursula Knoki-Wilson, N-NURSE President
- 8:30 – 9:30 am *Keynote: “Structural Decolonization, Indigenization and Reconciliation in the Health Professions”*
Margaret Moss, PhD, JD, RN, FAAN
- 9:30 – 9:45 am Health Break
- 9:45 – 10:45 am *“Operationalizing Attributes of Hózhó for Academic and Career Wellness”*
Michelle Kahn John, PhD, RN, PMHNP-BC, GNP
- 10:45 – 11:30 am Interaction and discussion with Speakers facilitated by Barb Overman, PhD, CNM, MPH
- 11:30 – 1:00 pm Lunch on your own
N-NURSE Student Scholar Luncheon

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| South: Nahat’á Planning; Expectations; Finding one’s voice/expression |
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- 1:00 – 2:00 pm *“ACE and their Impact on Child Development” Jill Moses, MD*
- 2:00 – 3:00 pm *“Improving Primary Care for Adverse Childhood Events” Tamara Hall, DNP, PNP*
- 3:00 – 3:15 pm Health Break
- 3:15 – 4:45 pm Community Resources Panel: Facilitated by Susie John, MD
First Things First: Dawn Yazzie, First Things First Chair
COPE (*Community Outreach & Patient Empowerment*): Robert Alsborg, Program Manager
NAUHZCASA (*Navajo, Apache, Ute, Hopi, Zuni Coalition against Sexual Assault*):
Capt. Christine Benally, PhD
- 6:00 - 9:00 pm **“Honoring Banquet” & Silent Auction**
Banquet speaker: “Promoting Community Wellness through Graphic Art”
Chip Thomas, MD



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FRIDAY, November 8, 2017

West: liná

Bring improvement to life; Application based on values

Breakfast on your own

8:00—8:15 am Welcome: Ursula Knoki-Wilson, MSN, CNM, MPH
 Meditation: *Edward T. Begay-tentative*

Moderator:

8:15—9:15 am *“Diné Ceremonial Healing” Edward T. Begay, Traditional Healer/Counselor*

9:15 – 10:15 am *“The Path to Joy and Happiness” David Soul, DOM, MD, LAc*

10:15 – 10:30 am *Health Break*

10:30 -11:30 am *“Role of Nurses in Violence Prevention in Diné Communities” Regina Eddie, PhD, RN*

11:30 – 12:15 **Buffet Lunch Provided**

North: Siihasin

Reflecting; Silence; Being rather than doing; Wisdom; Self efficacy

Moderator:

12:15—1:15 pm *“Healing trauma by creating a “safe place”: the perspective of a psychiatric practitioner”*
 Gloria Dixon, DNP, PMHNP

1:15 – 2:15 pm *“Creating a Healthy Workplace”* Facilitator: Johanna Bahe, MSN, BSN
 Lenora Burbank
 Grace Marks, MPH, CPC, CHSMI

2:15 – 2:30 pm *Health Break*

2:30 – 3:30 pm *“Qi Gong: Restoring energetic flow to be at your best” David Soul, DOM, MD*

3:30 – 4:30 pm *“Ha’góónee: Reflection & Evaluation” Ursula Knoki-Wilson, MSN, CNM, MPH*