



N-NURSE TENTH SYMPOSIUM AGENDA

November 7-8, 2019, Little America Conference Center, Flagstaff, AZ

“Ajéí hwidiltsahgo hadaatt’éh na’oodleet: Healing through Resilience”

THURSDAY, November 7, 2019

East: Nitsáhákees	<i>Beginning; Thinking in more ways than one; Awareness</i>
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7:30 – 8:30 am Registration and Full Breakfast Provided
8:00 – 8:30 am Welcome
Invocation: Roland Begay, Navajo Traditional Practitioner
Opening Remarks and Symposium Overview, Ursula Knoki-Wilson, N-NURSE President

Moderator: Grace Marks

8:30 —9:30 am *Keynote: “Structural Decolonization, Indigenization and Reconciliation in the Health Professions”
Margaret Moss, PhD, JD, RN, FAAN*

9:30—9:45 am Health Break

9:45—10:45 am *“Operationalizing Attributes of Hózhó for Academic and Career Wellness”
Michelle Kahn John, PhD, RN, PMHNP-BC, GNP*

10:45—11:30 am Interaction and discussion with Speakers facilitated by Barb Overman, PhD, CNM, MPH

11:30 – 1:00 pm Lunch on your own

South: Nahat’á	<i>Planning; Expectations; Finding one’s voice/expression</i>
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Moderator: Grace Marks

1:00– 2:00 pm *“ACE and their Impact on Child Development” Jill Moses, MD*

2:00– 3:00 pm *“Improving Primary Care for Adverse Childhood Events” Tamara Hall, DNP, PNP*

3:00 – 3:15 pm Health Break

3:15 – 4:45 pm Community Resources Panel: Facilitated by Susie John, MD
First Things First: Dawn Yazzie, MA, Mental Health Consultant
COPE (*Community Outreach & Patient Empowerment*): Robert Alsbury, Program Manager
NAUHZCASA (*Navajo, Apache, Ute, Hopi, Zuni Coalition against Sexual Assault*):
Capt. Christine Benally, PhD

6:00 - 9:00 pm **“Honoring Banquet” & Silent Auction**



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8/21/19 (Subject to Change)

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FRIDAY, November 8, 2017

West: Iiná *Bring improvement to life; Application based on values*

Breakfast on your own

8:00—8:15 am Welcome: Ursula Knoki-Wilson, MSN, CNM, MPH
Meditation: *Edward T. Begay*

Moderator: Grace Marks

8:15—9:15 am *“Diné Ceremonial Healing”* Edward T. Begay, Traditional Healer/Counselor

9:15 – 10:15 am *“The Path to Joy and Happiness”* David Soul, DOM, MD, LAc

10:15 – 10:30 am *Health Break*

10:30 -11:30 am *“Role of Nurses in Violence Prevention in Diné Communities”* Regina Eddie, PhD, RN

11:30 – 12:15 **Buffet Lunch Provided**

North: Siíhasin *Reflecting; Silence; Being rather than doing; Wisdom; Self efficacy*

Moderator: Barbara Overman

12:15—1:15 pm *“Promoting Community Wellness through Graphic Art”* Chip Thomas, MD

1:15 – 2:15 pm *“Creating a Healthy Workplace”* Facilitator: Johanna Bahe, MSN, BSN
Lenora Burbank, MSN, RN
Grace Marks, MPH, CPC, CHSMI

2:15 – 2:30 pm *Health Break*

2:30 – 3:30 pm *“Qi Gong: Restoring energetic flow to be at your best”* David Soul, DOM, MD

3:30 – 4:30 pm *“Ha’góónee: Reflection & Evaluation”* Ursula Knoki-Wilson, MSN, CNM, MPH